



Get private and secure mental health care from home

Visit with a therapist or psychiatrist from the comfort and privacy of home

It's easy and convenient using LiveHealth Online

When you're feeling stressed, anxious, coping with struggles, or need support managing mental health medication know that you're not alone. Now, you can talk with a licensed therapist or board-certified psychiatrist using LiveHealth Online. It's an easy and convenient way to get the support you need whether you're at home, work or on the go.

Visit with a therapist in 7 days or less

LiveHealth Online makes it easy to get the support you need any day of the week. If you're feeling anxious, depressed, or having trouble coping with problems at home or work, you can schedule a video visit to talk with a licensed therapist or psychologist. Sign up today or login to get started. Then select "Therapy" to view the available therapists and schedule a 45-minute counseling visit. Therapists are available 7 days a week with appointments available at night and weekends.

Visit with a psychiatrist to receive medication management support

When talk therapy alone isn't enough, use LiveHealth Online to visit with the psychiatrist of your choice. Sign up or login and select "Psychiatry" to view the available psychiatrists and schedule a visit. Schedule a video visit with a board-certified psychiatrist for medication management of mental health conditions. Please note the psychiatrists you see online cannot prescribe controlled substances.

Get help for these issues and more:

- Anxiety
- Bipolar disorder
- Coping with an illness
- Depression
- Grief
- OCD
- Panic attacks
- PTSD
- Relationship or family issues
- Stress

Get started today! LiveHealth Online is available with the SydneySM Health app - download, go to the Care Center, select Virtual Care to connect or visit livehealthonline.com on a computer with a webcam.



SCAN ME

Download on the
App Store

GET IT ON
Google Play

Appointments subject to availability.

Prescriptions determined to be a "controlled substance" (as defined by the Controlled Substances Act under federal law) cannot be prescribed using LiveHealth Online. Psychiatrists on LiveHealth Online will not offer counseling or talk therapy.

Online counseling is not appropriate for all kinds of problems. If you are in crisis or have suicidal thoughts, it's important that you seek help immediately. Please call 800-273-8255 (National Suicide Prevention Lifeline) or 911 and ask for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services.

LiveHealth Online is offered through an arrangement with Amwell, a separate company, providing telehealth services on behalf of your health plan.